

Role Title:	Volunteer Children & Young People (CYP) Mentor
Hours:	A minimum of 9 hours per month (evenings, weekends and school holidays)
Accountable to:	Service and Volunteer Manager
Responsible to:	SEMH Co-ordinator
Status:	Volunteer
Base:	Community
Aim of role:	To provide mentor support to young people aged 11-16 years

Background

Scarborough, Whitby and Ryedale Mind (SWR) are an independent mental health (MH) charity covering Scarborough, Whitby and Ryedale. We believe in holistic support, addressing underlying causes of MH (e.g. poverty, isolation) alongside building individual skills/assets. Services include: 1:1 peer support; workshops delivering self-management skills; counselling for severe/enduring MH; Social Prescription; financial/welfare and debt advice; CYP Peer Mentoring - a 1:1 pilot service for ages 11-16.

Main Duties

- To provide peer mentoring support to CYP aged 11 to 16 years, offering 1:1 and small group mentoring sessions
- To encourage and support CYP to engage with peer support and activities offered through the service
- To monitor the CYP's attendance, keeping the SEMH Youth Worker informed of any changes in the CYP's circumstances

Time Commitment

- An ability to dedicate a minimum of 9 hours per month – evenings, weekends and school holidays

Skills

- Knowledge of the needs of CYP experiencing difficulties with their mental health. This may be through lived experience, volunteering or personal circumstances i.e. supporting family and friends
- Ability to relate and empathise with CYP and maintain a non-judgemental and supportive relationship
- Good listening and verbal communication skills
- Understanding of confidentiality



- Ability to maintain clear boundaries with users of the service
- Clear commitment to the values of SWR Mind
- Commitment to work in compliance with policies and procedures
- Reliability

Training and Support

- You will be given induction training into the various aspects of the work and our organisation
- You will receive ongoing support throughout your volunteering

Reimbursement of expenses

- Agreed out of pocket and travel expenses will be reimbursed

Benefits to volunteer

- The satisfaction of knowing that you are helping vulnerable CYP in your community
- Boost confidence and develop team related soft skills
- The opportunity of meeting new people and working as part of a dedicated team
- Valuable experience of volunteering that you can add to your CV or Personal Statement, and we can provide references for employment or education applications

Application Procedure

- Application Form
- Informal interview
- Induction training
- References (2) and DBS

For an informal chat, contact our office:

Scarborough, Whitby and Ryedale Mind
First Floor
24 Huntriss Row
Scarborough
YO11 2EG

Phone number: 01723 339838

Email: info@swrmind.org.uk

